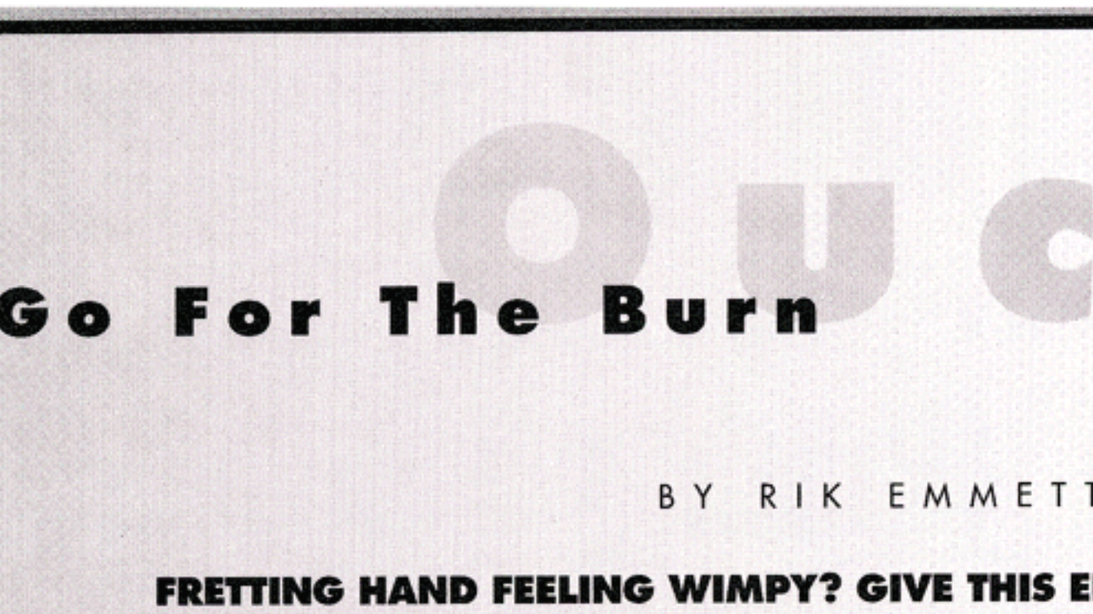
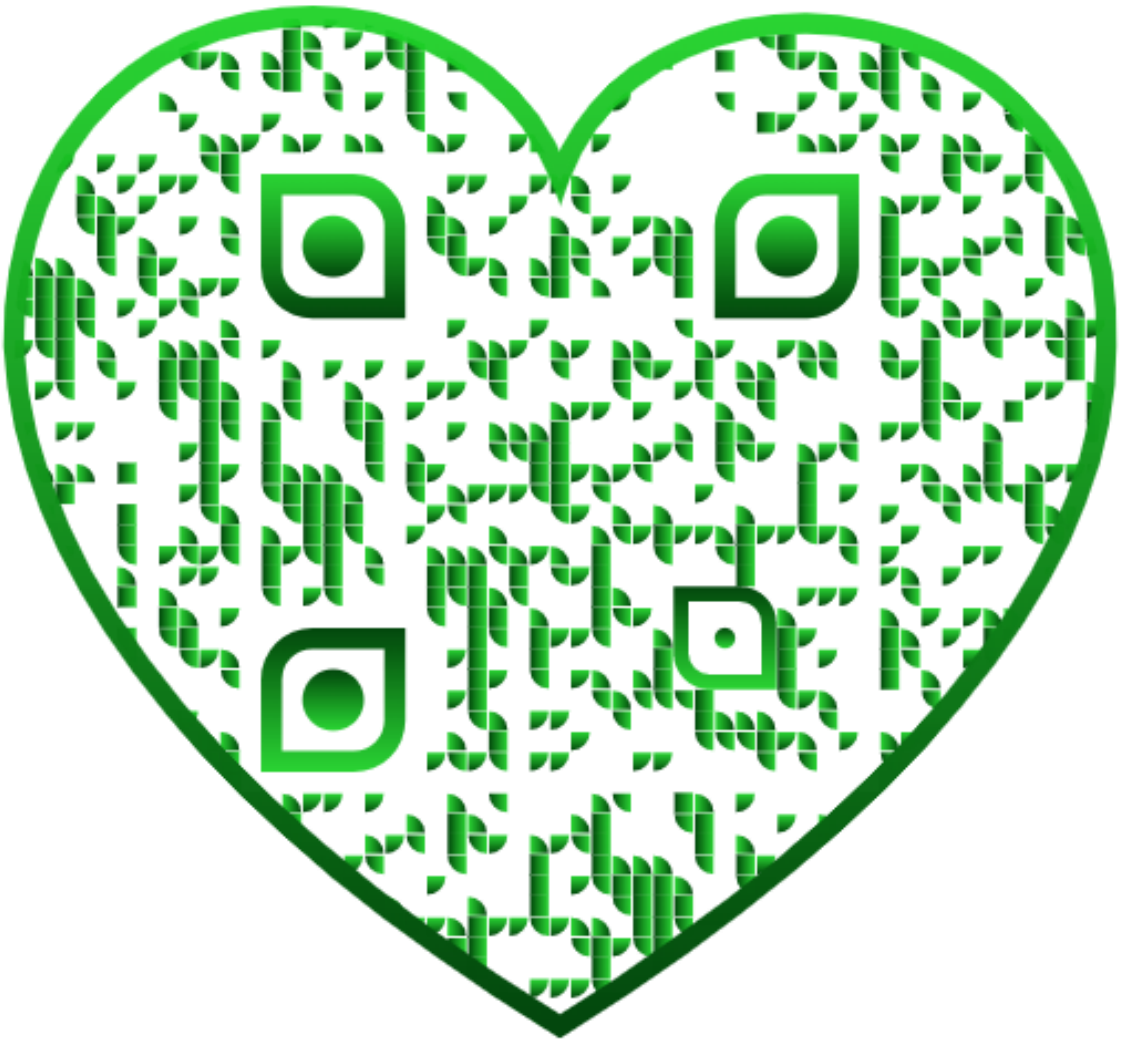
Ouch

Go For The Burn

BY RIK EMMETT

FRETTING HAND FEELING WIMPY? GIVE THIS ENDURANCE RIFF a spin. Repeated over and over, it has a hypnotic, driving flow. The 2nd-fret half-barre on the *A* and *D* strings never quits, and the hammers and pulls pose a significant challenge to your fretting muscles. Observe left-hand fingering and gradually work up to a chop-bustin' 126 bpm.